

# UUCG Beyond Sunday Morning

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## Events This Week

- +\*Good Trouble: Sunday, April 28
  - +\*Mindfulness and Meditation: Sunday, April 28
  - \*Choir Rehearsal: Tuesday, April 30
  - +Yarns From the Heart: Wednesday, May 1
  - \*Music Night: next Thursday, May 2
- \*in-person +online ^off-site in person

## New Dungeons and Dragons

### Party Forming

This is your call to adventure!

A new D&D group is forming and will meet on the fourth Friday of each month from 6-10pm. All levels of experience or inexperience are welcome, no supplies required.

Sign up here

<https://forms.gle/UMpNixdrFDnpjGR69>

## Beyond Sunday Morning

"I nodded, appreciating the wisdom of her words. 'Yellow is the colour of early spring,' she said, 'just look at your garden!' She gestured towards the borders, which were full of primulas, crocuses and daffodils. 'The most cheerful of colours,' she continued, 'almost reflective in its nature and it is of course the colour of the mind.'

'That's why we surround ourselves with it!' laughed Phyllis, 'in the hope that its properties will rub off.' 'Nonsense dear,' said Mrs. Darley dismissively, 'Yellow light simply encourages us to think more positively. It lifts our spirits and raises our self-esteem in time for summer.' I immediately made a mental note to surround myself with the colour of the season and, like Phyllis, hoped that some of its properties would rub off on me."

– *Carole Carlton, Mrs. Darley's Pagan Whispers*

## UU Principles

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

## UU Sources

We live out our Principles within a "living tradition" of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.