### **UUCG Beyond Sunday Morning**

To sign up for the monthly newsletter and the weekly enews , email admin@uucg.org

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Follow 3 charities on social media	Clean out your closets and donate to a local thrift shop or shelter	Text someone you love them	Share a website, article or video, from your favorite charity to the UUCG Facebook Group	Sign up for a Volunteer Opportunity at UUCG
Contemplate what you are greateful for	Bring a co- worker a coffee or tea	Take a shorter shower	Bring a sharable snack to offer at Hospitality Hour on Sunday	Bring in a food bank item
Donate to your favorite charity	Plan the dish you will bring to the next UUCG 1st Sunday Potluck		Set a New Year's resolution for how much you plan to donate/ volunteer next year	Support a friend's favorite cause
Share a favorite poem, song, or story to the UUCG Facebook Group	Send a fellow congregant a thank you note or holiday card	Spend some time learning about Radical Welcome	Donate blood or platelets	Schedule a recurring donation to your favorite charity
Return your UUCG Pledge Drive form	Give yourself a compliment	Show up to help at Property Beautification Day on 1st Saturday	Introduce yourself to someone you don't know	Let someone in front of you (in traffic, coffee shop, etc.)

#### **UU Principles**

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

# **Property Beautification**

Did you know that Property Beautification Days are not just about pulling weeds and heavy power tools?

There are numerous jobs for all abilities and skills. Even a few that can be done sitting at a table. All aspects of our property can benefit from Beautification. Just show up with a willing heart.

> This is *Our* House. Welcome Home

# **Beyond Sunday Morning**

"We delight in the beauty of the butterfly, but rarely admit the changes it has gone through to achieve that beauty."

-Maya Angelou

"We are like butterflies who flutter for a day and think it is forever."

-Carl Sagan

#### UU Sources

We live out our Principles within a "living tradition" of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.