



# GNUUs

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- \*in person
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For details visit [uucg.org](http://uucg.org)

### Did you Gnow?

- Amethyst is a purple variety of quartz (SiO<sub>2</sub>) and owes its violet color to irradiation, iron impurities (in some cases in conjunction with transition element impurities), and the presence of trace elements, which result in complex crystal lattice substitutions.



## The Gift of Welcome

This month’s graphic notwithstanding, The Gift of Welcome is not a passive one. We can’t simply consider ourselves welcoming because we hold accepting and inclusive opinions, or because our live-and-let-live attitude extends to every identity we know of. We have to actively create welcome, even when it’s hard, or uncomfortable, or inconvenient. We anticipate

needs, we adjust our familiar routines, we go out of our way to make another feel settled and at ease. It’s the difference between simply, “the door is open,” and “come in - this was created with you in mind.” This is welcoming, and it is work, and there’s no way around that.

But even those values that call for a great deal of work can be engaged fully and rewardingly by carrying the load together. This month we will explore welcoming the self, welcoming “the stranger”, and welcoming change.

Welcome to a month of joyful work. Welcome to a month of being curious. Welcome to a month of connecting. Welcome to Program Year 2023-2024 with UUCG. **Welcome Home.**





## Worship in September Sundays at 11:00am

Theme: *The Gift of Welcome*  
Join us via Zoom <https://zoom.us/j/565460176>

### September 3

#### ***Open Arms...Change is 'a comin'***

Labor Day for our family on Long Island meant welcoming the change of the season. We swapped summer screens for window panes. We cleaned our rooms from top to bottom. We didn't know what was ahead but we were going to be ready.....welcoming the changes with open arms. Well, that was the plan anyway.

Join us in person and [via Zoom](#)  
*Lydia Patrick (she/her), Service Leader*

### September 10

#### ***Sunday Morning Worship Service***

Join us in person and [via Zoom](#)  
*Sherree (she/her) and Daniel Bailey (he/him), Service Leader*

### September 17

#### ***Opening Brave Space***

The Brave Space where we can be our true selves and ponder questions of ultimacy is not something the worship team can open by ourselves. It takes all of us. Welcome home.

Join us in person and [via Zoom](#)  
*Bill Benshoof (he/him), Service Leader*

### September 24

#### ***Welcome to My Home***

What does it feel like to be the host of a gathering? What does it take to show up at the door and make each guest feel at home? And what does that have to do with our wounds?

Join us in person and [via Zoom](#)  
*Lydia Patrick (she/her), Service Leader*

### ***Looking Ahead***

**October Theme: The Gift of Heritage**

## After Hour Schedule Sundays at 12:30pm

### 1st Sunday, Sept 3

- Sunday Tarot

### 2nd Sunday, Sept 10

- Spiral Scouts (pre-registration required)
- Belief Explorers

### 3rd Sunday, Sept 17

- Sunday Tarot
- Family Faith Development

### 4th Sunday, Sept 24

- Good Trouble



**Photos from Reverend Jan Taddeo's retirement party.**  
[View the whole catalogue here](#)  
Suggested donation for downloads: \$5



## Minister's Discretionary Fund

The Minister's Discretionary fund is low. The purpose of the MDF is to provide financial support for members, active friends, and staff during times of unexpected or extraordinary financial need. It is managed by our Lay Minister of Connecting Within (who is also a lead member of the Pastoral Care Team).

Please consider donating as you are able.

## Bibliophilia! It's a Thing

By Lorena Griffin (she/her) and Marie Ault (she/her)

If you are a UU, then you strive for curiosity, courage, compassion, and loads of books. Yep. They're that essential. And so...UUCG is sprucing up its library. We've gathered all the stray books into one location in the Tree House, plus Rev. Jan left us some great new titles. You are welcome to take any of these books home. For now, "check out" is a notebook on the round table. Please note the title/author of the book, the date, your name, and contact info. Aim to keep them for less than a month. Down the road, we'll have a computerized system.

We have culled a few titles that didn't belong: antiquated bible studies, several novels, etc. We may pull more books in the future, so if there's something you really like in there, put a sticky note on the cover saying so, and we'll keep it.

Now, to make things better. We are searching for books on the following topics: social justice, immigration, racial justice, Native American spirituality, LGBTQ+, vegan and vegetarian cooking, developing creativity, healthy families, Judaism, etc. Currently, we have a lot of Pagan materials, due to a large donation. Do you have a favorite? Maybe you're ready to share it with the congregation, either through donating your copy or purchasing another. We have not addressed the children's collection yet, so it's a bit lopsided. We'd love to add your favorites.

In addition, we are developing a special collection of banned books. We will be running a list of books we'd like to include in this collection and hope you'll consider purchasing one or two. We also hope to run book reviews in future GNUUSes. Anyone want to write one? This project can be as robust or as lackluster as the congregation chooses to make it. I hope you'll choose to make it awesome!

## Stewardship Opportunities

Click each link for more information

[Give Time](#)

[Give Money](#)

[Give Materials](#)

We are especially in need of

- Donations to our Minister's Discretionary Fund
- Banned books for our library
- Volunteers for Hospitality, including potlucks and Sunday Morning refreshments



**This Quarter's Give Away  
the Plate Recipient**  
Georgians for a Healthy Future



## From the Board

Greetings Friends,

The Board set out this year eager to solve all the world's problems, if only we could. We presented the three questions to the congregation in August with plans to engage the Congregation in conversations to dive deeper into these questions.

For the month of September we hold the question:

**How will we expand and strengthen our multicultural and multigenerational inclusivity and engagement?**

We've sat with this question for a year, and now is the time to explore it more deeply. The base of this question is welcoming diversity inside and outside our walls to become a more Radically Welcoming congregation. How do we do this? How do we welcome various cultures and multiple generations of people inside our congregation and out in our community?

Our Congregational Conversation on October 1st will explore and discuss how we can invite the diversity in our community to our door.

On October 1st, after service, and hopefully during potluck, we will have five tables set up for a World Café-style discussion to explore these six questions.

How can we creatively invite multicultural and multigenerational families into our building?

How can we celebrate the diversity of the ideas and people of our congregation?

Where can we improve in our multicultural and multigenerational engagement?

What could be done to better serve and support our members?

How do you feel we are viewed in the wider community?

In what way would you like for us to be viewed by the wider community?

As we gather, we will sit four to five people per table, and a moderator will rotate around

the room asking one of these questions. If you are attending via Zoom, another "table" will be set up for a moderator to engage with the Zoom attendees.

Your feedback on this question will help the Lay Ministers develop the Annual Vision of Ministry for next year.

The discussions this generates will help strengthen our programs

in the congregation and our presences in the community. We hope to see as many of you present as possible for the Congregational Convo!

If you're unable to make it to the Conversation please [click here](#) to respond to the questions via a survey Aline has created for us.

With Gratitude,

UUCG Board of Trustees



**To view the video of the previous Congregational Conversation [click here](#)**

**To view the presented slideshow [click here](#)**

**To view the meeting minutes [click here](#)**





## Farm Fresh Film

Submitted by Xoe Kelly (she/her)

"I spin inside that which I see." -John Chester

Part of what the Green Team aims to do is engage the community regarding environmental issues in ways that leave one feeling educated and hopeful. It's all the better to do so in an entertaining, social atmosphere.



After enjoying lunch at UUCG's August potluck dozens of people gathered in the sanctuary and over Zoom to watch and discuss a Green Team sponsored screening of *The Biggest Little Farm*. This documentary follows John and Molly Chester, novice farmers on their seven year endeavor to run a successful 300 acre farm using only traditional restorative agricultural methods on nutrient-depleted, drought-ravished land. Through failure and fruitfulness, their story goes beyond just producing food to finding purpose and deep connection to nature.

During the conversation that followed many in the audience shared the personal insights that they took away from the film. One of those was the importance of stepping back from a problem to observe how nature reacts and using creativity to work out a solution naturally. We also touched on the role biodiversity plays to strengthen the health of the farms and ecosystems. Intimately included with these observations were strong feelings of significance found in the larger interconnected world.

Those that want to learn more about the themes and topics brought up in this touching tale can visit [TheBiggestLittleFarmMovie.com](http://TheBiggestLittleFarmMovie.com) to find links to an in-depth discussion guide with additional resources regarding sustainable agriculture and the food system, as well as educational materials geared for kids and teens. Programs like the Farm Passport from the Georgia Farm Bureau can be an adventurous way to get active about local food producers by earning rewards for touring farms around the state. Websites like [FindFoodForHumans.com](http://FindFoodForHumans.com) and [LocalHarvest.org](http://LocalHarvest.org) that connect people to local and sustainable farms, markets, and CSAs can help those interested in taking more agency as conscientious consumers.

Having watched the lessons that the Chesters learned, I try to relate them to my own meager, yet mighty efforts to work within nature and bring forth sustenance from the ground. Though slightly reeling from the complexity of a balanced, diverse ecosystem, I'm ultimately undaunted and uplifted after witnessing the triumph of their idealistic experiment. I see it as not only a beautiful way to feed bodies and land, but also our humanity, so that both people and nature can thrive within each other.

### Thank You Gary

#### Kiel

Before and after photos of repairs Gary made to the playground. Thank you for helping keep our kids safe!



### Compost Corner

Join the Green Team **Sunday, September 24, 2023** for a lesson in composting.

Hosted by Karen Smith, this is a time to learn about the ease of composting and its impact on soil health and the larger world.

Bring any and all questions to the chat room and they will be answered! There may even be prizes.



## Sylvan Sanctuary:

### Fall Equinox - Alban Elued

The Druids of Sylvan Sanctuary will be hosting their Fall Equinox ritual on **September 23, 2023 at 6 PM**. In Welsh tradition, this ritual is known as Alban Elued, the Light of the Water. It is one of two times in the solar year when daylight and nighttime are equal to each other. We look at our ritual for the Equinox as a time to open ourselves to balance in all things.

Several years ago, Sylvan Sanctuary began what has become known as our Spiral ritual which we only do at the Fall Equinox. This ritual is perhaps more contemplative than others. We create a large spiral on the sanctuary floor with a water filled cauldron at the center and four directional altars around the outside. We will still offer our grove's ritual, but it will take place in and through the spiral. Everyone is invited to walk the spiral and be supported by others standing or sitting around the outside edge of the spiral drumming meditatively. This year, weather permitting, we will add a labyrinth walk in the grove.

This is a public event, and all who wish to join us in this ritual are invited to participate. Please bring items as an offering to Mother Earth, canned goods to contribute to the Lawrenceville Co-op, and food to share after the ritual is over.



## Good Trouble - 2023

By Barbara Stahnke (she/her)

Good Trouble – 2023 – Fourth Sundays after the service at 12:30pm, in the Sanctuary and on Zoom, Facilitated by your Lay Ministers for Connecting Beyond and Radical Welcome

At UUCG, we have a history of learning, and then doing. What does it take to move from learning to acting, as a community? What power do we have? What do we want to act on? How do we (UUCG) target our actions to best benefit the wider community (Gwinnett County) with the knowledge, skills, and abilities we have at hand? How can we make a difference? Let's take 2023 and do the work to identify the best way for our community, UUCG, to take action to help our community, Gwinnett County, become the Beloved Community.

Do we double down on Radical Welcome and get out in the community to stand up for our LGBTQ kin?

Do we focus on the democratic process and engage our community to vote?

Do we focus on our Green Space and engage in Environmental Justice?

Or, do we.....

How do we most effectively put our faith in action? Let's start with a proven tool for success as recommended by the UUA. **Asset Mapping**: Document a community's existing resources and incorporate identified strengths into community development work.

This program year we will use the time set aside for Good Trouble to examine our congregation's assets and set goals for the work ahead. We invite you to join us.

**September 24<sup>th</sup>** – Introduction to Asset Mapping – Begin our Map.

**October 22<sup>nd</sup>** – Asset Mapping – Finalize our Map and begin our Plan.

**January 28<sup>th</sup>** – Energize the Work.

**February 25<sup>th</sup>** – Learn to Target the Work.

**March 24<sup>th</sup>** – Practice doing the Work.

**April 28<sup>th</sup>** – Do the Work.

If you would like to be involved with the facilitation of this program, please contact Christiana , UUCG's Coordinator of Family Ministries

## Covenant Groups, Covenant Groups, Covenant Groups

By Lisa Kiel (she/her) Lay Minister of Connecting Within

Covenant Groups, Covenant Groups, Covenant Groups

It's almost fall, and with fall comes pumpkin spice, fall leaves, and of course, Fall covenant groups. Yep, I just worked that into our conversation. Covenant Group is considered one of UUCG's strongest programs. Many of our folks have participated in at least a couple of groups, while die hard participants sign up season after season. What makes Covenant Group so important to our community? It's that simple word we like to repeat around here - connection.

Connection is essential to building community. We need to get to know each other and have meaningful discussions about ideas, topics, and even aspirations. We need to discover both what we have in common and what we disagree on. And in all of this, we need to find space for absolutely everyone's voice. Covenant groups are designed to allow everyone to speak and be heard. They are excellent opportunities to learn the skills of deep listening and being comfortable with silence. Some of the deepest connections I have made with others I have made in covenant groups. Finally, what is shared among participants is held in confidence.

So if you've been hesitant to join a group, I encourage you to give one of our groups a chance. Help us build a strong community by connecting with others.

**2nd and 4th Mondays 7-9pm online**

**2nd and 4th Wednesdays 7-9pm in person**

**2nd and 4th Thursdays 10am-noon online**

[Register here](#)

With joy! Lisa

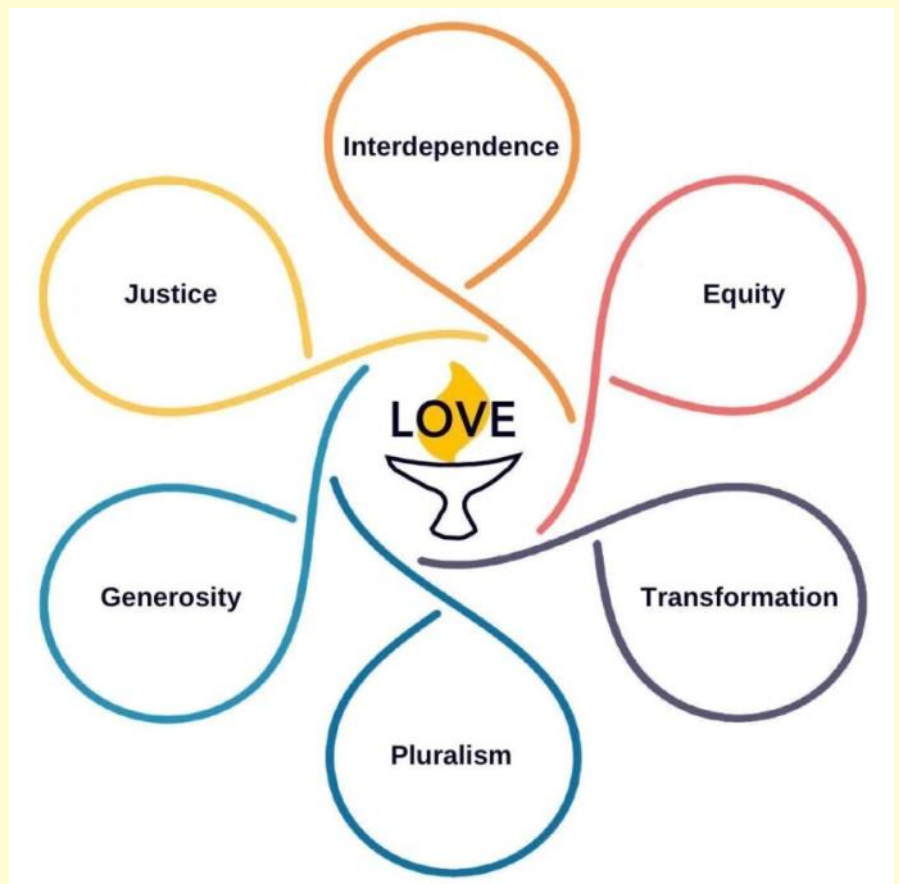
### Program Year of

**2023-2024**

### Monthly Themes

#### The Gift of...

September: Welcome  
October: Heritage  
November: Generosity  
December: Mystery  
January: Liberating Love  
February: Justice & Equity  
March: Transformation  
April: Interdependence  
May: Pluralism  
June: Renewal





## Spiral Scouts

By Reagan McGee (she/her)

This August, Spiral Scouts decided to focus on sports. We began as usual and talked about sports, such as what we use in different sports, what makes sports sports, and different types of sports. Then we tried out some sports and field day activities like water relay races, hula hooping, and the long jump. I think it was another successful and educational meeting of Spiral Scouts.



## Sharing the Journey

Sharing the Journey is a 4-session program for both newcomers and long-time members to experience “deep listening and sharing practices” in a small group setting.

It’s a 4-session commitment, over the course of two months. Sharing the Journey offers an opportunity for you to consider and share your personal spiritual journey, and to learn about the historical journey of Unitarian Universalism and of UUCG. It’s a chance to explore the shared journey that we travel together as Unitarian Universalists.

The fall 2023 dates for each 90-minute session are:

**October 1**

**October 8**

**October 29**

**November 12**

Attendance will be available both in person at UUCG and via Zoom.

Interested in Sharing the Journey with us? Please reach out to Christiana, Barbara Stahnke, Lisa Kiel, or Bill Benshoof for more information; or fill out the [form to register](#).



## UUCG Book Group Selection

**People of the Book by Geraldine Brooks**

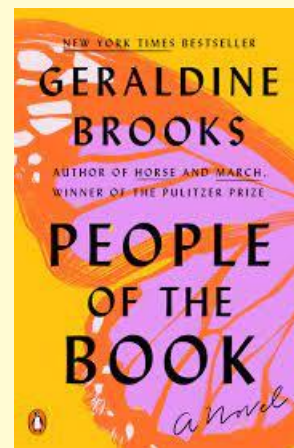
**Book Group Meeting Sep-**

**tember 27th 7pm**

In 1996, Hanna Heath, an Australian rare-book expert, is offered the job of a lifetime: analysis and conservation of the famed Sarajevo Haggadah, which has been rescued from Serb shelling during the Bosnian war.

Priceless and beautiful, the book is one of the earliest Jewish volumes ever to be illuminated with images. When Hanna, a caustic loner with a passion for her work, discovers a series of tiny artifacts in its ancient binding—an insect wing fragment, wine stains, salt crystals, a white hair—she begins to unlock the book’s mysteries. The reader is ushered into an exquisitely detailed and atmospheric past, tracing the book’s journey from its salvation back to its creation.

[\[See more\]](#)



## Side With Love

By Barbara Stahnke (she/her) Lay Minister for Connecting Beyond

The Unitarian Universalist Association (UUA) sponsors a public advocacy campaign that seeks to harness love's power to stop oppression. This campaign is the Side with Love (SoL) campaign. All are welcome to join – whether Unitarian Universalist (UU) or not UU, whether member, friend, or visitor of a UU fellowship or congregation, or whether a UU, another faith, no faith, or unnamed faith. The focus is on love as the foundation of justice work in the world; the SoL campaign strives to be of service to our communities and advocate for change in our local, state, national, and international environs. You can learn more about the Side with Love campaign at <https://www.uua.org/action/love>. I attended the second webinar with the SoL Campaign on Combatting Fascism – You can view it here (<https://vimeo.com/855438262?emci=oeb495e8-e83d-ee11-a3f1-00224832eb73&emdi=cff9b26f-fc3d-ee11-a3f1-00224832eb73&ceid=14827303>). The slides don't do this conversation justice. Consider taking the hour plus to view and take notes. Not as erudite as my last recommendation but even more inspirational.

### **Definitions and lessons that “I” learned (ie through my lens);**

White Supremacy – a system and set of ideas that privilege or prefer people who are recognized as white. A driver of poverty; divides working-class communities who have a common interest in ending poverty.

White Nationalism - a movement to create a white-ethno-United States that solidified during the civil rights movement. Relies heavily on anti-Semitic, anti-Black, anti-LGBTQ+, and anti-immigrant beliefs.

Christian Nationalist – focused on the national identity of the United States as a Christian nation that must be “maintained” as a Christian Nation.

Anti-Democracy – a coalition of groups who are authoritarian in nature; they enjoin the white supremacist, white nationalist, and Christian nationalist movements – they don't promote or stand against or for these movements directly but encourage them in their actions.

Multiracial Democracy – (I love this definition from Kate, the primary trainer at the evening's event who works at <https://www.westernstatescenter.org/>) “Where we are able to work, love, and worship free from fear.”

### **Some ideas that were solidified for me during the webinar:**

Let's envision the future we would like to see. A question that came up during the webinar from Kate was, “What would it be like to live in a non-policing world?”

Taking care that we don't widen the net of terrorism enforcement through an us/them mentality. We are safer when we know each other better.


This is a long game – don't lose hope.

Identify your strengths, assets, and networks; identify where we have power to impact our wider community.

Know what your risk tolerance is as an individual and as a community.

I believe that our covenants help us to do the work to assess our risk tolerance as a community as well as build trust with each other and the wider community. It is a spiritual practice to strengthen our tolerance of risk. The SoL campaign has tools to help us identify our assets and strengths. There are also tools to assess tolerance of risk as a community. There are resources to help us prepare to take risks. Our question, as a smaller community, is what will WE do to create the beloved community beyond our walls? Join us in Good Trouble Faith Development this year as we work through Asset Mapping and Risk Tolerance Assessments and finally seeing what our focus will be.

Let us evidence the strength of purpose and conviction as described by Sharon Welch, “the courage and humor of a community that continues to learn, to love, to acknowledge our capacity for harm—and from that acknowledgment, to find together the balm for the journey, presence and witness to the struggles and joys of life.” Sweet Dreams in America: Making Ethics and Spirituality Work.



## Events and programs happening this month in the local community that may be of interest to Gwinnett UUs



### Community Connections

Register now for the **Church Women United in Georgia State Assembly, Sept. 15-16, "Fruits of the Spirit: Sowing Seeds of Unity and Peace."** Please register by Sept. 8; registration fee is \$20. Visit [www.cwugeorgia.org](http://www.cwugeorgia.org) for more information and registration.

Georgia Interfaith Power & Light, the Episcopal Diocese of Atlanta, and Ismaili Civic celebrate **World River Day, September 17**, cleaning up eight waterways across the metro Atlanta area, including Rottenwood Creek in Marietta and Camp Creek in Lilburn. Spots are filling up fast. Please register as soon as possible! [REGISTER HERE](#)

Out of Hand Theater, the National Center for Civil and Human Rights, the Fulton County Remembrance Coalition and many other community partners will host **1000 people at 100 tables-across Atlanta September 17-24**. Equitable Dinners is a transformative city-wide event bringing people of diverse backgrounds together in a facilitated conversation about complex issues. Equitable Dinners unique approach combines art and conversation, over a meal with neighbors and strangers, to create an experience where every voice has space and every story is sacred. Guests leave inspired to take positive action in their communities, workplaces, and their homes. Find out more and [register here](#).

The Morgan Forum at Pitts Theology Library "**re:Wording: The Past, Present ,and Future of the Bible in Translation,**" is **September 21**. <http://pitts.tl/morganforum23>. This year's inaugural forum will explore the past development of the Bible through the library's newly established J. Michael Morgan English Bible & Psalmody Collection. We consider the past, though, with an eye toward the future, toward exploring what may come next for a sacred text in our digital age. Gallery tours, student presentations, panel conversations, and a keynote address offer opportunities to learn from leaders in Biblical scholarship, teaching, and publishing to help understand what the future holds for the Bible in translation. All events are open to the public and free, though registration is required. [Register & Learn More](#)

The Training and Counseling Center (TACC) has an upcoming **workshop with Frank Inzan Owen entitled "Nature as Guide & Healer." The workshop will explore the concept of Shinrin-Yoku or "Forest-Bathing" and will take place on September 23 (Fall Equinox) from 1:30-5:00 p.m.** For more information, check out their website [here](#). To sign up for the workshop, send an email to Emma Brown at [ebrown@taccatstlukes.com](mailto:ebrown@taccatstlukes.com).













Pitts Theological Library recently installed a **new graphic introducing visitors to the life and career of artist Sadao Watanabe (1913-1996)**. Visitors to Candler and Pitts will find 21 prints from Watanabe on the walls, depicting Biblical scenes in the Japanese [mingei folk art style](#) — illustrations from the gospels in a Japanese context. Seventeen of these prints were just installed, having recently been acquired from the United Methodist Publishing House. We hope this graphic will orient you to the artist's technique and help you enjoy these wonderful recent additions to our art collection. Watanabe prints have been exhibited in the world's great museums—even in Lyndon Johnson's White House and the Vatican!



# Nurturing Connections

	Food Bank Dropoff	We gather donations for the Lawrenceville Co-op food bank.	1st Sunday of even numbered months	In-Person
	Tarot Sundays	A discussion about all things Tarot and a Guided Meditation inspired by the weekly topic.	Every Sunday 5:00pm	In-Person
	Covenant Choir	Choir gathers to rehearse for performance on Sunday mornings during Worship Services.	Every Tuesday 7:00pm	In-Person
	Yarns from the Heart	Knitters and crocheters gather to create prayer shawls and baby blankets for members and friends and the wider community. This group is open to all fiber artists.	1st and 3rd Wednesdays 7:00pm	Online Email admin@uucg.org For access
	Sewing with Sherree	Join us for easy sewing projects and fun! Bring your fabric and machine if you got one! All skill levels are welcome.	2nd Saturdays 8:00pm	In-Person
	CUUPS	The Oak Grove Covenant of Unitarian Universalist Pagans (CUUPS) of UUCG is open to anyone in the UUCG community.	September 9 12:00pm	In-Person
	Spiral Scouts	An all-gender scouting group that focuses on nature-based learning and activities. We are open to children ages 3-12.	2nd Sundays 12:30pm	In-Person
	Belief Explorers	A group of Unitarian Universalists and others who are interested in exploring the sources of world faith traditions. All are welcome.	2nd Sundays 12:30pm	In-Person and Online Zoom: 896-987-304
	Green Team Meeting	All who are interested in environmental issues are welcome.	3rd Saturday 9:30am	Online Zoom: 926-178-30455
	Yarns from the Heart	Knitters and crocheters gather to create prayer shawls and baby blankets for members and friends and the wider community. This group is open to all fiber artists.	1st and 3rd Wednesdays 7:00pm	Online Email admin@uucg.org For access
	Board Meeting	Open to the congregation at large. If you have something to discuss that you would like added to the agenda, please email board@uucg.org at least three weeks ahead of time.	3rd Wednesdays 7:00pm	Online Zoom: 956-757-31773
	CUUPS	The Oak Grove Covenant of Unitarian Universalist Pagans (CUUPS) of UUCG is open to anyone in the UUCG community.	September 21 7:30pm	Online Zoom: 400-036-556
	Magical Arts and Crafts	Join CUUPS for Magical Arts & Crafts as we explore the colors of Fall! We will be making colorful Fall wreathes. Supplies will be provided, however, in you have something special you want to place in your wreath, please bring it. All are welcome.	September 23 3:00pm	In-Person
	Sylvan Sanctuary	Sylvan Sanctuary is the Mother Grove of the Druid Order of the Three Realms, a community of Druids walking personal paths. All are welcome.	September 23 6:00pm	In-Person
	Good Trouble	Where do we have agency? How do we put our values and faith into action? What can we do to make a difference? With "Good Trouble", we explore the answers to these questions together. All are welcome.	4th Sundays 12:30pm	In-Person and via Zoom: 145-984-149
	Book Group	The UUCG book group meets via Zoom and is open to everyone! This month's selection is "People of the Book" by Geraldine Brooks	4th Wednesdays	Online Zoom: 144-736-833

# September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
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3 	4	5	6 	7	8	9 
10 	11	12	13	14	15	16 
17 	18	19	20 	21 	22	23 
24 	25	26	27 	28	29	30