

UUCG Beyond Sunday Morning

To sign up for the monthly newsletter and the weekly enews , email admin@uucg.org

Events This Week

+Green Team Meeting: Saturday, October 19
*Gender Justice Learning: Sunday, October 20
*+Board Meeting: Sunday, October 20
*Tarot Sunday: Sunday, October 20
*Choir Rehearsal: Tuesday, Oct 22
*Music Night: Thursday, Oct 24
*Trunk or Treat: next Saturday, October 26
*in-person +online ^off-site in person

Trunk or Treat

Come by Saturday, October 26th from 4-dusk for our annual Trunk or Treat!

Brind a friend, bring a neighbor, bring everyone!

Beyond Sunday Morning

“Listen to your body’s whispers before they become screams.”

– *Unknown*

“The body is a multilingual being. It speaks through its color and its temperature, the flush of recognition, the glow of love, the ash of pain, the heat of arousal, the coldness of nonconviction.”

-*Audre Lorde*

There is more wisdom in your body than in your deepest philosophy”

-Friedrich Nietzsche

UU Inspirations

As Unitarian Universalists, we use, and are inspired by, sacred and secular understandings that help us to live into our values. We respect the histories, contexts and cultures in which they were created and are currently practiced. These sources ground us and sustain us in ordinary, difficult, and joyous times. Grateful for the religious ancestries we inherit and the diversity which enriches our faith, we are called to ever deepen and expand our wisdom.

UU Values

Love is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love. Inseparable from one another, these shared values are:

Interdependence. We honor the interdependent web of all existence. We covenant to cherish Earth and all beings by creating and nurturing relationships of care and respect. With humility and reverence, we acknowledge our place in the great web of life, and we work to repair harm and damaged relationships.

Pluralism. We celebrate that we are all sacred beings diverse in culture, experience, and theology. We covenant to learn from one another in our free and responsible search for truth and meaning. We embrace our differences and commonalities with Love, curiosity, and respect.

Justice. We work to be diverse multicultural Beloved Communities where all thrive. We covenant to dismantle racism and all forms of systemic oppression. We support the use of inclusive democratic processes to make decisions.

Transformation. We adapt to the changing world. We covenant to collectively transform and grow spiritually and ethically. Openness to change is fundamental to our Unitarian and Universalist heritages, never complete and never perfect.

Generosity. We cultivate a spirit of gratitude and hope. We covenant to freely and compassionately share our faith, presence, and resources. Our generosity connects us to one another in relationships of interdependence and mutuality.

Equity. We declare that every person has the right to flourish with inherent dignity and worthiness. We covenant to use our time, wisdom, attention, and money to build and sustain fully accessible and inclusive communities.