

# UUCG Beyond Sunday Morning

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## Events This Week

- \*+Mindfulness and Meditation: Sunday, Sept 1
- \*Alphabet SoUUp: Monday, Sept 2
- \*Choir Rehearsal: Tuesday, Sept 3
- +Yarns From the Heart: Wednesday, Sept 4
- \*Music Night: Thursday, Sept 5
- \*Property Beautification: next Saturday, Sept 7
- \*CUUPs Tree Meditation: next Saturday, Sept 7
- \*in-person +online ^off-site in person

## Potluck next Sunday

Don't forget the September monthly potluck is rescheduled for next Sunday.

Bring a dish to share as you are able.

## Beyond Sunday Morning

“If they don't give you a seat at the table, bring a folding chair.”

*-Shirley Chisholm*

“If I am more fortunate than others I need to build a longer table not a taller fence.”

*-Tamlyn Tomita*

“I have a dream that one day on the red hills of Georgia, the sons of former slaves and the sons of former slave owners will be able to sit together at the table of brotherhood.”

*-Martin Luther King, Jr.*

## UU Inspirations

As Unitarian Universalists, we use, and are inspired by, sacred and secular understandings that help us to live into our values. We respect the histories, contexts and cultures in which they were created and are currently practiced. These sources ground us and sustain us in ordinary, difficult, and joyous times. Grateful for the religious ancestries we inherit and the diversity which enriches our faith, we are called to ever deepen and expand our wisdom.

## UU Values

**Love** is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love. Inseparable from one another, these shared values are:

**Interdependence.** We honor the interdependent web of all existence. We covenant to cherish Earth and all beings by creating and nurturing relationships of care and respect. With humility and reverence, we acknowledge our place in the great web of life, and we work to repair harm and damaged relationships.

**Pluralism.** We celebrate that we are all sacred beings diverse in culture, experience, and theology. We covenant to learn from one another in our free and responsible search for truth and meaning. We embrace our differences and commonalities with Love, curiosity, and respect.

**Justice.** We work to be diverse multicultural Beloved Communities where all thrive. We covenant to dismantle racism and all forms of systemic oppression. We support the use of inclusive democratic processes to make decisions.

**Transformation.** We adapt to the changing world. We covenant to collectively transform and grow spiritually and ethically. Openness to change is fundamental to our Unitarian and Universalist heritages, never complete and never perfect.

**Generosity.** We cultivate a spirit of gratitude and hope. We covenant to freely and compassionately share our faith, presence, and resources. Our generosity connects us to one another in relationships of interdependence and mutuality.

**Equity.** We declare that every person has the right to flourish with inherent dignity and worthiness. We covenant to use our time, wisdom, attention, and money to build and sustain fully accessible and inclusive communities.