

# UUCG Beyond Sunday Morning

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## Events This Week

+\*”Good Trouble”: Sunday, August 25  
\*+Mindfulness and Meditation: Sunday, August 25  
+Wi\$dom Path: Monday, August 26  
\*Choir Rehearsal: Tuesday, August 27  
+Book Group: Wednesday, August 28  
\*Music Night: Thursday, August 29  
\*in-person +online ^off-site in person

## “Good Trouble”

Today after the service. Join us for a discussion on democracy and empowering voters.

Democracy begins at home, and this is our home.

## Beyond Sunday Morning

“You cannot share your life in a meaningful way with any animals such as a dog, cat, rabbit, bird, rat, pig, horse and so many more and not know that we are not the only sentient and sapient beings on the planet.”

*-Jane Goodall*

“The animal does not question life. It lives. Its very reason for living is life; it enjoys and relishes life.”

*- Ray Bradbury*

Act: Find at least one animal today and really try to see them. It could be a pet, a lizard on the porch, or a fly buzzing by. What can you learn?

## UU Inspirations

As Unitarian Universalists, we use, and are inspired by, sacred and secular understandings that help us to live into our values. We respect the histories, contexts and cultures in which they were created and are currently practiced. These sources ground us and sustain us in ordinary, difficult, and joyous times. Grateful for the religious ancestries we inherit and the diversity which enriches our faith, we are called to ever deepen and expand our wisdom.

## UU Values

**Love** is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love. Inseparable from one another, these shared values are:

**Interdependence.** We honor the interdependent web of all existence. We covenant to cherish Earth and all beings by creating and nurturing relationships of care and respect. With humility and reverence, we acknowledge our place in the great web of life, and we work to repair harm and damaged relationships.

**Pluralism.** We celebrate that we are all sacred beings diverse in culture, experience, and theology. We covenant to learn from one another in our free and responsible search for truth and meaning. We embrace our differences and commonalities with Love, curiosity, and respect.

**Justice.** We work to be diverse multicultural Beloved Communities where all thrive. We covenant to dismantle racism and all forms of systemic oppression. We support the use of inclusive democratic processes to make decisions.

**Transformation.** We adapt to the changing world. We covenant to collectively transform and grow spiritually and ethically. Openness to change is fundamental to our Unitarian and Universalist heritages, never complete and never perfect.

**Generosity.** We cultivate a spirit of gratitude and hope. We covenant to freely and compassionately share our faith, presence, and resources. Our generosity connects us to one another in relationships of interdependence and mutuality.

**Equity.** We declare that every person has the right to flourish with inherent dignity and worthiness. We covenant to use our time, wisdom, attention, and money to build and sustain fully accessible and inclusive communities.