

## Beyond Sunday Morning

### Events This Week

- +\*Two Hands Sangha Meditation Sunday the 17<sup>th</sup>
  - +Board Meeting Tuesday the 19<sup>th</sup>
  - \*Choir Rehearsal Tuesday the 19<sup>th</sup>
  - +Yarns from the Heart Wednesday the 20<sup>th</sup>
- \*in-person +online ^off-site in person

### Retreat Sign Up

New events added to the Congregational Retreat schedule. Highlights include; guacamole making, stargazing, hiking, nature altars, and other fun and fulfilling activities.

For more information and to sign up visit this website

[www.themountainrlc.org/uu-gwinnett](http://www.themountainrlc.org/uu-gwinnett)

### Words for Inspiration

“We do not take humor seriously enough”

-Konrad Lorenz

“I think people need to have fun with whatever they're doing - makeup, their clothes, music, live shows - anything you don't need to take too seriously, don't take too seriously.”

-Keshia

Find more resources for exploring your UU Faith on our Faith Development webpages here: <https://bit.ly/UUCGFaithDevelopment>

### UU Principles

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides. We live out these Principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

### UU Sources

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides. We live out these Principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.