# **UUCG Beyond Sunday Morning**

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## **Events This Week**

\*Choir Rehearsal: Tuesday, September 19

+Yarns From the Heart: Wednesday, September 20 +\*Board Meeting: Wednesday, September 20

+CUUPs Cafe Discussion: next Thursday, September 21

\*Magical Arts and Crafts: next Saturday, September 23

\*Autumn Equinox Ritual: next Saturday, September 23

\*Good Trouble: next Sunday, September 24

\*in-person +online ^off-site in person

# Events after the service today

\*In-Person Tarot

\*Family Faith Development

\*Fitts and Shull Baby Shower

+\*Mindfulness and Meditation: tonight at 6pm

\*in-person +online ^off-site in person

# **Beyond Sunday Morning**

"There is no such thing as a "safe space" -

We exist in the real world.

We all carry scars and have caused wounds.

This space

seeks to turn down the volume of the world outside,

and amplify voices that have to fight to be heard elsewhere,

This space will not be perfect.

It will not always be what we wish it to be

#### **UU Principles**

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

### UU Sources

We live out our Principles within a "living tradition" of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

But It will be our space together,

and we will work on it side by side." -Untitled Poem by Beth Strano