

UUCG Beyond Sunday Morning

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Events This Week

- *Rita Romero's Birthday Party: Sunday, August 20
 - *In-Person Tarot: Sunday, August 20
 - +*Mindfulness and Meditation: Sunday, August 20
 - *Choir Rehearsal: Tuesday, August 22
 - +Book Group: Wednesday, August 23
 - +Property Beautification: next Saturday, August 26
 - *Celebration of Life for Blue Dice: next Saturday, August 26
 - *Potluck: next Sunday, August 27
 - +*Congregational Conversation: next Sunday, August 27
- *in-person +online ^off-site in person

Potluck Volunteers Needed

Today is the last day to sign up to volunteer for the potluck. You do not need to sign up to bring food to share or to join us for lunch.

If we don't get enough volunteers, we will have to cancel the potluck.

Beyond Sunday Morning

"I have loved the stars too fondly to be fearful of the night."
— Sarah Williams

"I love the silent hour of night,
For blissful dreams may then arise,
Revealing to my charmed sight
What may not bless my waking eyes."
— Anne Brontë, *Best Poems of the Brontë Sisters*

Find more resources for exploring your UU Faith on our Faith Development webpages here: <https://bit.ly/UUCGFaithDevelopment>

UU Principles

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

UU Sources

We live out our Principles within a "living tradition" of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.