

UUCG Beyond Sunday Morning

To sign up for the monthly newsletter and the weekly enews , email admin@uucg.org

Events This Week

- ^Spiral Scouts: Sunday, July 9
- +Belief Explorers: Sunday, July 9
- +Tarot: Sunday, July 9
- +*Mindfulness and Meditation: Sunday, July 9
- +Green Team Meeting: next Saturday, July 15

*in-person +online ^off-site in person

Belief Explorers

We are looking for new ideas and new members.

We are very committed to this process and wanting to continue in some iteration of spirituality/religion. We are just exploring, you see, aspects of life on which we want to deepen our knowledge, or delve into something new.

We are meeting **today after the service** and we invite you to attend and share your thoughts.

We want your input and hope your interest has been piqued.

Beyond Sunday Morning

“May your choices reflect your hopes not your fears.”

– Nelson Mandela

“The choices we make every minute of every day can contribute to making someone’s life a little bit better or worse even without intending to.”

– Chikamso Efobi

“The decisions you make are a choice of values that reflect your life in every way.”

– Alice Waters

Find more resources for exploring your UU Faith on our Faith Development webpages here: <https://bit.ly/UUCGFaithDevelopment>

UU Principles

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

UU Sources

We live out our Principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world’s religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God’s love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.