

# UUCG Beyond Sunday Morning

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## Events This Week

\*In Person Tarot: Sunday, April 16  
+\*Mindfulness and Meditation: Sunday, April 16  
\*Choir Rehearsal: Tuesday, April 18  
+Yarns from the Heart: Wednesday, April 19  
+Board Meeting: Wednesday, April 19  
+CUUPs Cafe Discussion: Thursday, April 20  
\*Good Trouble: next Sunday, April 23

\*in-person +online ^off-site in person

## In Person Tarot

Be sure to stay after the service today for  
in –person Tarot exploration!

Sherree and Daniel host a discussion about all  
things Tarot and a Guided Meditation inspired  
by the weekly topic.

Bring your decks, thoughts, and questions.

No Tarot experience is necessary.

## Beyond Sunday Morning

“I found enormous opposition to my religion. It's like if you want to strengthen your biceps, you lift heavy weight, as heavy as you can handle, and work your muscles against resistance until it grows strong. I had to do that with my religion.”

*-Ricardo Montalban*

“I am not the least bit surprised that injustice persists. I'm also not surprised that resistance to injustice persists.”

*-Tom Morello*

Find more resources for exploring your UU Faith on our Faith Development  
webpages here: <https://bit.ly/UUCGFaithDevelopment>

## UU Principles

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

## UU Sources

We live out our Principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.