

# UUCG Beyond Sunday Morning

To sign up for the monthly newsletter and the weekly enews , email [admin@uucg.org](mailto:admin@uucg.org)

## Events This Week

\*Choir Rehearsal: Tuesday Dec 27  
+Vision Board Journal: Wednesday Dec 28

\*in-person +online ^off-site in person

## Events in January

Dungeons and Dragons is open to new players in January. No experience required, register here <https://forms.gle/WjjV28YbvRWqiLqd6>

Covenant Groups are open for registration. Register here <https://forms.gle/NEVdh2MRvFPX54699>

## Words for Inspiration

"Good communication is as stimulating as black coffee, and just as hard to sleep after."

- *Anne Morrow Lindbergh*

"Love is like swallowing hot chocolate before it has cooled off. It takes you by surprise at first, but keeps you warm for a long time."

- *Henri Frederic Amiel*

"There's nothing like hot chocolate and a hug for making the nightmares go away."

- *Neil Gaiman*

Find more resources for exploring your UU Faith on our Faith Development webpages here: <https://bit.ly/UUCGFaithDevelopment>

## UU Principles

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

## UU Sources

We live out our Principles within a "living tradition" of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.