

# UUCG Beyond Sunday Morning

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## Events This Week

\*Potluck: **TODAY**

\*Choir Rehearsal: Tuesday, June 25

+Book Group: Wednesday, June 26

\*Music Night: Thursday,  
June 27



## Beyond Sunday Morning

“A good life is like a weaving. Energy is created in the tension. The struggle, the pull and tug are everything.”

*-Joan Erikson*

I once had a conversation with someone in this congregation (you know who you are!) about weaving. They had been inspired by historical religious practices to try and weave something but they had no prior knowledge of weaving. They showed me a picture of their setup. It was a tassel of strings hanging down, left to dance on their own with no tension to hold them in place. No wonder they were having trouble! Traditionally, everyone would have seen their mothers, siblings, and grandfathers weaving. They would have intuitively understood that the tension is required to hold the warp (the vertical threads) in place. That generational knowledge and the acceptance of the tension, the push and pull of the yarn, that's what makes weaving the art it is.

The warp is there from the beginning, but the weft (the horizontal pieces) is where you can go wild. Experiment, change your mind part way through, create colorful patterns or use unconventional materials. As long as the warp has the tension, it will always be there for even the most outlandish ideas.

As long as you accept the tension, the rest is up to you.

## UU Principles

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

## UU Sources

We live out our Principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.