# **UUCG Beyond Sunday Morning**

### **Events This Week**

+Tarot: Sunday Nov 20

+\*Mindfulness and Meditation: Sunday Nov 20

\*Choir Rehearsal: Tuesday Nov 22
\*Thanksgiving Dinner: Thursday Nov 24

\*in-person +online ^off-site in person

# **Thanksgiving Dinner**

All are welcome, whether you come alone or with a large family (chosen or otherwise)!

Please sign up here to bring a dish to share as you are able.

https://www.perfectpotluck.com/MIBG5577

# **Words for Inspiration**

"A movement is only composed of people moving. To feel its warmth and motion around us is the end as well as the means."

-Gloria Steinem

"It may be hard for an egg to turn into a bird: it would be a jolly sight harder for it to learn to fly while remaining an egg. We are like eggs at present. And you cannot go on indefinitely being just an ordinary, decent egg. We must be hatched or go bad."

C. S. Lewis

Find more resources for exploring your UU Faith on our Faith Development webpages here: https://bit.lv/UUCGFaithDevelopment

### **UU Principles**

Unitarian Universalist congregations affirm and promote seven Principles, which we hold as strong values and moral guides.

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part.

#### **UU Sources**

We live out our Principles within a "living tradition" of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.